

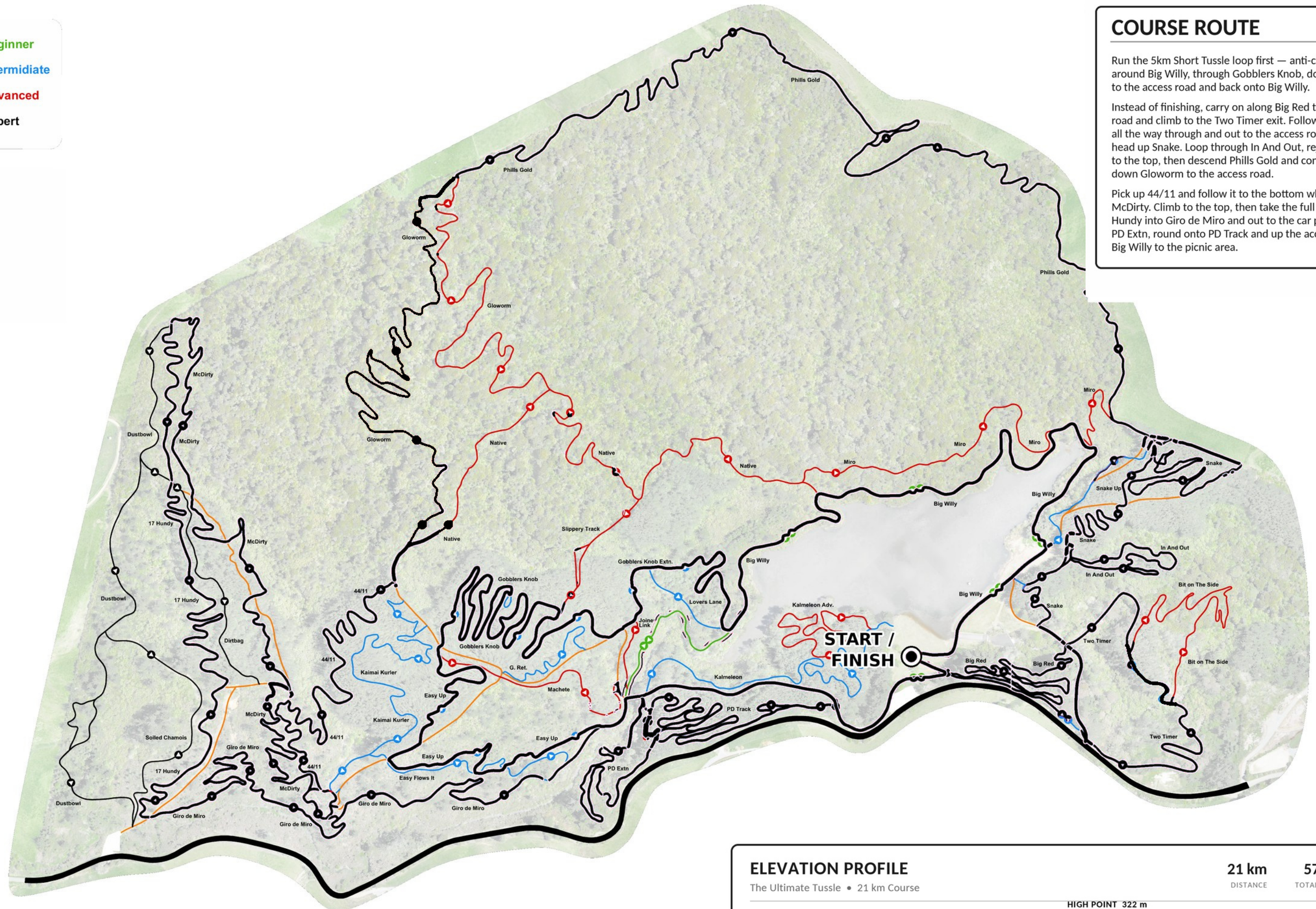
-  Beginner
-  Intermediate
-  Advanced
-  Expert

COURSE ROUTE

Run the 5km Short Tussle loop first — anti-clockwise around Big Willy, through Gobblers Knob, down Easy Up to the access road and back onto Big Willy.

Instead of finishing, carry on along Big Red to the access road and climb to the Two Timer exit. Follow Two Timer all the way through and out to the access road again, then head up Snake. Loop through In And Out, rejoin Snake Up to the top, then descend Phills Gold and continue straight down Glowworm to the access road.

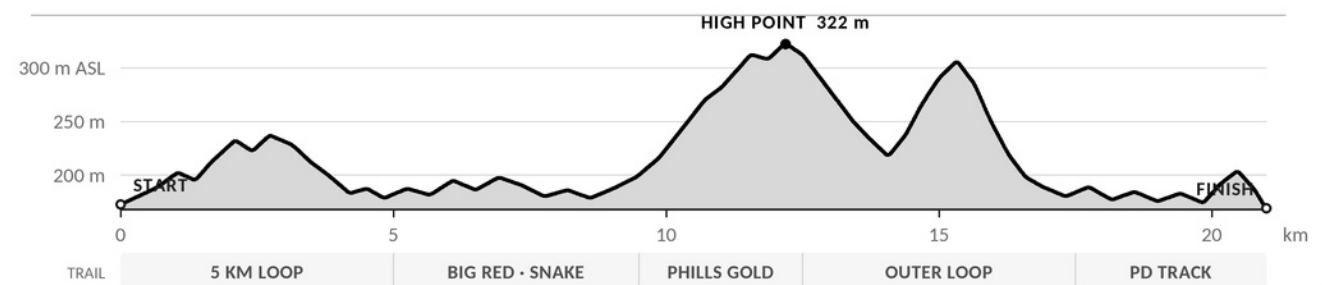
Pick up 44/11 and follow it to the bottom where it meets McDirty. Climb to the top, then take the full descent of 17 Hundy into Giro de Miro and out to the car park. Finish on PD Extn, round onto PD Track and up the access road onto Big Willy to the picnic area.



ELEVATION PROFILE

The Ultimate Tussle • 21 km Course

21 km **577 m**
DISTANCE TOTAL CLIMB



Te Miro Tussle Trail Run

The Ultimate Tussle • 21km Course